

LEADERSHIP **through** ADVENTURE **Award**

Level 1: Young Leaders P7 - S1

This is a **Transition** level introduction to basic leadership and team building skills through a multi activity adventure programme led by Abernethy instructors.

Aims of the Award:

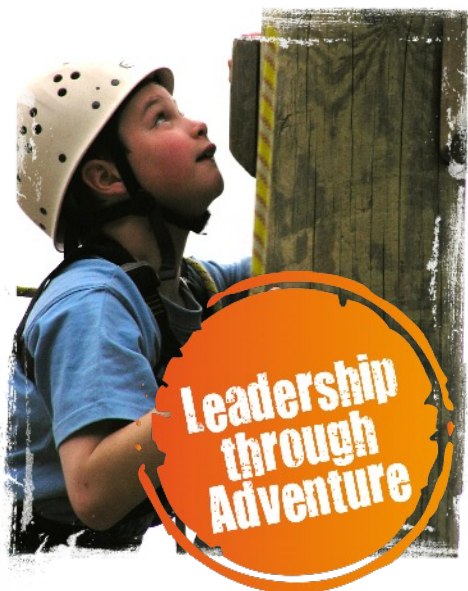
Pupils will gain a broad understanding of different leadership styles and some of the qualities and approaches they could use as leaders. This level will include “Plan, Do, Review” through challenges and other activity sessions. Team roles will be identified and communication skills, including listening to instructions will be addressed. For this age group we will be developing interpersonal and social skills and the building of self esteem and self-awareness amongst pupils. At this transitional stage of their education, pupils will greatly benefit from the opportunity to spend time with classmates away from the school environment, working alongside Abernethy instructors.

Who is it for?

Pupils who may be involved in activities where they may have to take on a leading role and pupils moving from P7 Primary school to S1 Secondary school.

Accreditation

The Abernethy Leadership through Adventure Award: Level 1 is accredited by the sports Leaders UK governing body. Schools can choose whether to take part in the accredited version of the award or to stay with our in-house option.



Young LEADERS

What it involves

A great introduction to basic leadership and team-work skills through a range of challenges and adventure activities. Level 1 encourages decision making and taking responsibility for actions so that pupils are confident in the transition stage of their education.

Award outcomes

On completion of the programme, through discussion with their peers, they will gain feedback and the knowledge to reflect on their leadership abilities, which will help them to think about the styles of leadership they can adopt when called upon to give leadership.

All pupils will receive an Abernethy or Sports Leaders UK Certificate on completion of their visit.



Available at:

Abernethy Ardeonaig
Abernethy Ardgour
Abernethy Barcaple
Abernethy Nethybridge

For more information and sample programmes please contact

Lesley Pearson:

T | 0131 336 3588

E | lesley.pearson@abernethy.org.uk

www.abernethy.org.uk

Abernethy Trust Ltd is a Scottish Charity (SC 006270)