



ADVENTURE WEEKENDS

Sample Programme for 2 Nights, 2 Activity Days

	Friday	Saturday		Sunday	
	Arrive Evening	Morning	Afternoon	Morning	Afternoon
Group A		Zip Wire & Initiatives	Challenge Course & Archery	Mountain Biking	Canoeing
Group B		Canoeing	Zip Wire & Initiatives	Challenge Course & Archery	Mountain Biking
Group C		Mountain Biking	Canoeing	Zip Wire & Initiatives	Challenge Course & Archery
Group D		Challenge Course & Archery	Mountain Biking	Canoeing	Zip Wire & Initiatives