

EQUIPMENT

As outlined in the prospectus the Centre will provide where necessary all items of specialist outdoor equipment. However, these will be standard Centre issue items and although functional, hard wearing and in good condition they may not be the most comfortable, fashionable or made of the latest materials. Therefore you may wish to consider purchasing your own personal items prior to or during the course and there are 2 things which you will need to buy – please talk to us before doing this:

1. Because of the wear and tear that they sustain, we will need you to buy your own maps for the course. If you think you may have them already or do want to get them in advance the details are: Explorer maps 383 (Lochaline & Morvern) & 391 (Ardgour & Strontian), Landranger maps Sheet 49 (Oban & East Mull) & Sheet 40 (Mallaig & Glenfinnan)
2. Cycle Trip computer

In owning your own equipment there is the added benefits of having sole use of it and the knowledge that on completion of the course you will be fully prepared and able to operate as a professional in the world of outdoor instruction.

We would suggest that the following items in order of priority would desirable to have near the start of the course:

- A set of good quality breathable waterproofs
- A pair of 3 season walking boots
- A pair of rock climbing shoes or boots (These should be a tight fit and are usually worn without socks)
- Climbing harness with adjustable padded leg loops and 4-5 gear loops.
- Ski gloves, ski socks & goggles (2 lens yellow or orange)
- Whistle
- First Aid kit

Later on you may wish to purchase the following:

- Rucksack 60ltr
- Canoe dry bag
- Map case (waterproof)
- Compass
- Dry cag with latex neck and wrist seals (for kayaking and open canoeing)

Obviously, this list is not exhaustive and as the year progresses you may decide to purchase other items, which would improve your comfort levels.

Please don't rush into any uninformed purchases because once you are at the Centre you can ask for advice and perhaps try some things out before you buy. I must emphasise that we do not expect you to start the course with all of the above, but if you have a birthday or a kind granny who wants to buy you a going away present