



Adventure Activity Leadership Modular Courses

Module 5:

Single Pitch Award preparation & assessment

Who is the module for?

This short 6 day module offers coached preparation time before the SPA assessment and is a great opportunity to revise and refine techniques prior to the assessment period

What could I achieve?

Single Pitch Award

What experience do I need?

SPA Training
40 Logged lead climbs (some of which are at Severe level)
20 supervisory group climbing sessions (indoors and outdoors)
Participants need to be aged 18 or over

What is included in the price?

- All coaching and use of transport for training for the duration of the module
- Ideally candidates will bring their own equipment but we are able to offer use of Abernethy kit if required
- Travel by minibus to and from climbing locations
- All food and accommodation in single sex bunk bedded rooms, possibly shared – participants should be aged 17 or over

How does the programme work?

A typical day will start with breakfast followed by coached revision time or assessment. On return to the outdoor centre there will be afternoon tea, followed by dinner and possibly a short meeting. During the SPA assessment course, the Trainer will provide evening input.

About Abernethy

Abernethy operates 4 Christian adventure activity centres and a bunkhouse in Scotland along with a Swiss winter ski base. The School of Adventure Leadership is in its 20th year of operation and is home to our flagship one year fully residential Adventure Activity Instructor Training Course. Module participants will be training alongside our residential students.

The Abernethy staff team are all Christians and are here to provide a comfortable, welcoming and memorable experience to all who visit. Our dependence is on God and prayer underpins everything we do. We are a charitable trust - with Christian values at the core of our service. Module participants will be required to be sympathetic with our Christian ethos. Module participants are invited to join our optional weekly evening team fellowship session. Abernethy operates an on-site no smoking / no alcohol policy.

