

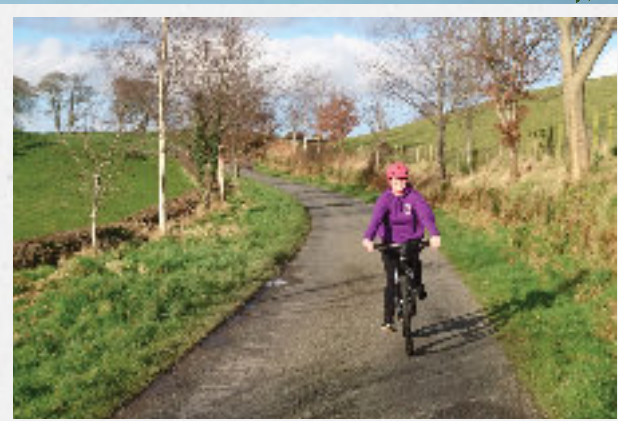


Autism Friendly Family Fun! Annual Summer Break

08-12 July 2019
Abernethy Barcaple, Kirkcudbright

£279 per person
£180 under 14 yr olds, Under 2's free

All inclusive of meals, accommodation and bedding.
3 full days full of instructed activities and evening games!



www.abernethy.org.uk/barcaple

Abernethy Trust Ltd is a registered Scottish Charity (SC006270)

- → Off-site
- → On-site

Activities	Barcaple
Abseiling	● ●
Archery	●
Blind Trail	●
Bushcraft	●
Challenge Activities	●
Climbing & Bouldering	●
Crate Climbing	●
Forest Adventure	●
Hill Walking	●
Kayaking	● ●
Mountain Biking	●
Open Canoeing	● ●
Orienteering	●
Overnight Expedition	●
Raft Building	● ●
Ropes Adventure Course	●
Team Building	●
Tree Climbing	●
Zip Wire	●



Supporting families with a child or children on the autistic spectrum and with additional complex behaviour needs, this annual summer break is a great time for families to come together and share a fun filled activity holiday at Abernethy Barcaple in a safe environment. We offer a bespoke programme allowing you to choose from a range of activities suitable for your family.

We understand that children with autism find a change of environment and routine can be very challenging and that they can struggle to communicate and plan aspects of daily life. Our instructors help build trust from the moment you arrive, understanding the need to engage the young person in the given task, building on social skills needed to form relationships, trust and independence through a range of activities. The success factor is easily seen as children and families overcome challenges and obstacles with nurturing input from our team.

- 4 nights full board accommodation, including evening meal on arrival and packed lunch on departure day
- A full adventure activity programme, including instruction and equipment hire
- Young people's activity options
- Evening programme
- Use of sports facilities

**Contact Lesley Pearson for more information:
01313 363 588 | lesley.pearson@abernethy.org.uk**