



## Adventure Activity Leadership Modular Courses

### Module 4:

### BCU UKCC Level 2 paddlesport preparation & assessment

#### Who is the module for?

This short 4 day module offers coached preparation time before the UKCC Level 2 assessment and is a great opportunity to revise techniques prior to the assessment period

#### What could I achieve?

BCU UKCC Level 2 Paddlesport

#### What experience do I need?

BCU UKCC Level 1 paddlesport (which includes FSRT and 2 star)  
BCU UKCC Level 2 Training  
3 star in either canoe or kayak  
Plus an additional CPD module  
Completed workbook tasks

#### What is included in the price?

- All coaching and use of transport for training for the duration of the module
- Ideally candidates will bring their own equipment but we are able to offer use of Abernethy kit if required
- Travel by minibus to and from paddling locations
- All food and accommodation in single sex bunk bedded rooms, possibly shared – participants should be aged 17 or over

#### How does the programme work?

A typical day will start with breakfast followed by coached revision time or assessment

On return to the outdoor centre there will be afternoon tea, followed by dinner and possibly a short meeting. During the Level 2 course, the Trainer will provide evening input.

#### About Abernethy

Abernethy operates 4 Christian adventure activity centres and a bunkhouse in Scotland along with a Swiss winter ski base. The School of Adventure Leadership is in its 20<sup>th</sup> year of operation and is home to our flagship one year fully residential Adventure Activity Instructor Training Course. Module participants will be training alongside our residential students.

The Abernethy staff team are all Christians and are here to provide a comfortable, welcoming and memorable experience to all who visit. Our dependence is on God and prayer underpins everything we do. We are a charitable trust - with Christian values at the core of our service. Module participants will be required to be sympathetic with our Christian ethos. Module participants are invited to join our optional weekly evening team fellowship session. Abernethy operates an on-site no smoking / no alcohol policy.

