ABERNETHY
LIVE THE ADVENTURE

DofE Adventure Activities

Sample Programme

Name		Mon			Tue			Wed			Thurs			Fri	
		AM	PM	EVE	AM	PM	EVE	AM	PM	EVE	AM	PM	EVE	AM	PM
	Group 1	Intro and Team Building	Climbing Wall and Challenge Course	Explore and Evening Challenge	Climbing @ the Beach		Explore and Evening Challenge	Watersports Trip		Explore and Evening Challenge	Mountain Biking		Explore and Evening Challenge	Crate Climb and Archery	Final Review and Depart after 3pm
	Group 2		Challenge Course and Climbing Wall					Mountain Biking			Watersports Trip			Archery and Crate Climb	